



# BREAKFAST

SERVED MONDAY-FRIDAY 7:30AM-3:30PM

# LUNCH

SERVED MONDAY-FRIDAY 11AM-3:30PM

## FRUITY BEGINNINGS

FOUR FLOWERS JUICE  
orange, fresh pineapple,  
banana & pomegranate juice **9**

COLD-PRESSED ORANGE OR  
GRAPEFRUIT JUICE **8**

MORNING FRUIT BOWL  
grapefruit & orange sections,  
sliced banana & strawberries **11.50**

BERRY BOWL  
blueberry, blackberry,  
& strawberry **14.50**

## STEELCUT OATS & GRANOLA

STRAWBERRY & BANANA **9**

CARAMELIZED APPLE & BROWN SUGAR  
raisins **10**

MORNING CRUNCH  
freshly roasted granola,  
strawberries, bananas, raisins,  
honey, choice of milk  
or organic yogurt **11.50**

## SWEET BREAKFAST 19

*Catskill Mountain Sugar House  
Organic Maple Syrup*

FAT & FLUFFY FRENCH TOAST  
fresh strawberries

LEMON & RICOTTA PANCAKES  
fresh blackberries

TOASTED COCONUT WAFFLE  
pineapple, mango, maple rum butter

BUTTERMILK PANCAKES  
fresh strawberries

## SIDES 9

THREE-PEPPER HOME FRIES

APPLEWOOD SMOKED BACON

CHICKEN & APPLE SAUSAGE

PORK & APRICOT SAUSAGE

BASKET OF SARABETH'S MUFFINS &  
LEGENDARY PRESERVES **15.50**

UNLIMITED BOTTLED WATER  
Still or Sparkling \$3 per person

## EXTRAORDINARY EGGS & OMELETTES

*Choice of Muffin (English,  
Corn, Bran, Banana, Pumpkin,  
Berry-Corn) Croissant,  
Scone or Toast & Preserves*

SCRAMBLED EGG  
STUFFED POPOVER\*  
scallions, cream cheese **19**

GOLDIE LOX  
scrambled eggs, smoked salmon, cream  
cheese **19**

CLASSIC EGGS BENEDICT\*  
Canadian bacon, hollandaise,  
peppers, chives **22**

SALMON EGGS BENEDICT\*  
smoked salmon, hollandaise,  
peppers, chives **23**

BRAISED SHORT RIB HASH  
baked eggs, poblanos,  
tomatillo salsa **23**

GARDEN OMELETTE  
mushroom, green peas,  
zucchini, cheddar **17.50**

FARMER'S OMELETTE  
leeks, ham, potato, gruyère **18**

SPINACH & GOAT CHEESE OMELETTE **18.50**

CHICKEN SAUSAGE & KALE FRITTATA  
avocado **18.50**

JALAPEÑO CHEDDAR OMELETTE  
tomato, onion, cilantro **18.50**

CHEESE OMELETTE  
gruyère, white cheddar,  
or manchego **17**

AVOCADO & BURRATA TOAST\*  
sunnyside egg, petite greens,  
espelette **17.50**

*Egg whites +2.75*

*\*Not served with an additional muffin*

*All-natural eggs from Sullivan County  
Farm*

## APPETIZERS

VELVETY CREAM OF TOMATO SOUP **14.50**

BABY GEM CAESAR SALAD **14.50**  
with grilled chicken **21**

CRAB MEAT GUACAMOLE & CHIPS  
cilantro, lime, jalapeño **19.50**

CRISPY CALAMARI  
spicy tomato sauce, roasted garlic aioli **15.50**

## ENTRÉES

SEAFOOD COBB SALAD  
Maine lobster, crab meat, shrimp, avocado, bacon,  
egg, tomato, onion, blue cheese **31**

ROASTED CHICKEN SALAD  
arugula, red grapes, smoked marcona almonds,  
caper berries, alfonso olives **23.50**

JUMBO LUMP CRAB CAKE SANDWICH  
frisée salad, housemade potato chips **27**

ONE GREAT BURGER  
freshly ground turkey or sirloin, guacamole,  
French fries, Sir Kensington's ketchup **20**

ADULT GRILLED CHEESE  
manchego, gruyère, cheddar, pretzel bread,  
velvety cream of tomato soup **20**

QUINOA CRUSTED AHI TUNA  
Tuscan kale slaw, Hungarian cherry peppers,  
sesame vinaigrette **27**

GRILLED CHICKEN "BLT" ON CIABATTA  
fontina, avocado mayonnaise, arugula **20**

LEMON-ZESTED TUNA SALAD  
grilled sourdough, frisée salad, basil, marinated tomato **19**

GRILLED FISH TACOS  
grilled pineapple salsa, avocado, taro root chips **26**

CHICKEN POT PIE  
root vegetables, sherry, fine herbs **23**

## STONE OVEN PIZZA

MARGHERITA  
fresh mozzarella, basil,  
tomato sauce  
**17**

PROSCIUTTO DI PARMA  
broccoli rabe, gruyère,  
sunny side egg  
**20**

CHICKEN SAUSAGE  
fennel, oven roasted  
tomatoes, Tuscan kale  
**19**

sarabethsrestaurants.com

CENTRAL PARK SOUTH | PARK AVENUE SOUTH | TRIBECA | UPPER EAST SIDE | UPPER WEST SIDE